

The Effectiveness and Utility of Telebehavioral Health (Telehealth) Services

Wednesday, November 2, 2022
11:00am – 12:30pm (PT)

About the webinar

The uptake in the use of telebehavioral services since the start of COVID has been swift and is significantly transforming how these services are delivered. Mental health and SUD treatment services provided virtually are effective and serve as viable alternatives to in-person service delivery, but the research base for it is much more extensive for mental health than it is for SUD. For SUD care, patients confirm high levels of satisfaction with virtual services, while practitioners report more reluctance. Nonetheless, training has been shown to build practitioners' skills, confidence, and competency. Using technology to facilitate sessions requires clinicians and peer support specialists to simulate real-time experiences that promote a therapeutic alliance or connection – this approach requires careful modification of the practitioner's skills to ensure effectiveness. This webinar, presented by **Nancy A. Roget, MS, MFT, LADC** and **Maryellen Evers, LCSW, CAADAC, CMFSW** will include a brief review of telebehavioral health research and its efficacy, strategies that promote skill development, how to create a virtual presence, resources related to guidelines and tips, and comments regarding hybrid service delivery.



Learning objectives

- Explain at least 2 of the findings from systematic reviews regarding the efficacy of telebehavioral health.
- Identify 2 advantages reported by patients.
- Specify how to access at least 2 telebehavioral health guidelines and resources.
- Determine 4 factors that contribute to the development of a “virtual presence.”
- Evaluate the proposed hybrid delivery of at least 2 SUD treatment and recovery support services.

1.5 CME or CE credits available. See credit types below.

Sponsored by the Northwest and Pacific Southwest Addiction Technology Transfer Centers (ATTCs) and the Western States Node of the NIDA Clinical Trials Network.

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